

## What are the treatment options for glaucoma?

There are many different treatments for glaucoma including medication, surgery, and laser therapy, such as Lumenis SLT. Eye drop medication is the most commonly used treatment for high eye pressure and glaucoma.<sup>7,8</sup>

- Patients often do not take their eye drop medication as prescribed by their doctors due to forgetfulness and/or side effects<sup>9</sup>
- Many patients are in search of other treatment options
- Lumenis SLT is an excellent treatment option for patients who want to reduce or eliminate their need to take eye drop medication<sup>8</sup>

Surgery is often used in patients with advanced disease who may already have experienced vision loss.<sup>2</sup>

## What is Lumenis SLT?

Lumenis SLT is an FDA-cleared procedure to lower eye pressure in patients with primary open-angle glaucoma (POAG), the most common form of glaucoma. The laser energy reduces and controls eye pressure by causing a natural response that improves the outflow of fluid from your eye.<sup>7</sup>

**Lumenis SLT is a convenient, in-office laser therapy.**



## Ask your eye doctor about LUMENIS® SLT

- Lumenis SLT is a cost-effective therapy that provides long-term control of eye pressure<sup>8,10</sup>
- Lumenis SLT may reduce or eliminate your need to take eye drop medication for glaucoma<sup>8</sup>

### Lumenis SLT is typically covered by Medicare

Lumenis Selective Laser Trabeculoplasty (SLT) for the reduction of intraocular pressure (IOP) in patients with open-angle glaucoma.



References: 1. American Glaucoma Society. Glaucoma Basics & Frequently Asked Questions. Available at: <http://www.glaucomaweb.org/displaycommon.cfm?an=1&subarticlenbr=12>. Accessed April 10, 2008. 2. Glaucoma Research Foundation. About Glaucoma. Available at: <http://www.glaucoma.org>. Accessed April 15, 2008. 3. Kass MA, et al. The ocular hypertension treatment study: a randomized trial determines that topical ocular hypotensive medication delays or prevents the onset of primary open-angle glaucoma. *Arch Ophthalmol*. 2002;120:701-713. 4. National Eye Institute. Facts About Glaucoma. Available at: [http://www.nei.nih.gov/health/glaucoma/glaucoma\\_facts.asp](http://www.nei.nih.gov/health/glaucoma/glaucoma_facts.asp). Accessed April 15, 2008. 5. Asrani S, et al. Large diurnal fluctuations in intraocular pressure are an independent risk factor in patients with glaucoma. *J Glaucoma*. 2000;9:134-142. 6. The AGIS Investigators. The advanced glaucoma intervention study (AGIS): 7. The relationship between control of intraocular pressure and visual field deterioration. *Am J Ophthalmol*. 2000;9:134-142. 7. Damji KF, et al. Selective laser trabeculoplasty: a review and comparison of argon laser trabeculoplasty. *Ophthalmic Pract*. 2003;21:54-58. 8. Francis BA, et al. Selective laser trabeculoplasty as a replacement for medical therapy in open-angle glaucoma. *Am J Ophthalmol*. 2005;140:524-525. 9. Nordstrom BL, et al. Persistence and adherence with topical glaucoma therapy. *Am J Ophthalmol*. 2005;140:598-606. 10. McIlraith I, et al. Selective laser trabeculoplasty as initial and adjunctive treatment for open-angle glaucoma. *J Glaucoma*. 2006;15:124-130. 11. Xalatan Prescribing Information, 2006. 12. Lee PP, Walt JG, Doyle JJ, et al. A multicenter, retrospective pilot study of resource use and costs associated with severity of disease in glaucoma. *Arch Ophthalmol*. 2006;124:12-19. 13. Melamed S, et al. Selective laser trabeculoplasty as primary treatment for open-angle glaucoma. *Arch Ophthalmol*. 2003;121:957-960.

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## LUMENIS® SLT

## Have You Been Diagnosed with High Eye Pressure or Glaucoma?

### Ask Your Eye Doctor About Lumenis SLT



## Have you been diagnosed with glaucoma or high eye pressure?

### What is glaucoma?

Glaucoma is an eye disease that is called “the sneak thief of sight,” because vision loss is often the first sign.<sup>1</sup> If left untreated, glaucoma leads to vision loss by causing damage to the optic nerve. The optic nerve is located in the back of your eye and sends images to your brain, allowing you to see. Damage to the optic nerve is often caused by high eye pressure.<sup>2</sup> High eye pressure is the #1 risk factor for glaucoma.<sup>3</sup> With early diagnosis of high eye pressure and effective treatment options, your risk for vision loss due to glaucoma can be reduced.<sup>2</sup>

### What is eye pressure?

Your eyes naturally produce fluid that gives them their pressure and shape. Healthy eye pressure is maintained as fluid flows in and out of your eye. Everyone has an eye pressure range that is healthy and normal for them.<sup>4</sup> If fluid builds up inside the eye, eye pressure can increase. High eye pressure can cause damage to the optic nerve, which can lead to vision loss.<sup>2</sup>

### Why is controlling eye pressure important?

High eye pressure is the #1 risk factor for glaucoma.<sup>3</sup> High eye pressure and sudden changes in eye pressure can increase your risk for vision loss.<sup>5,6</sup> Not taking your eye drop medication as prescribed by your doctor can cause sudden changes in your eye pressure.

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## Frequently asked questions about Lumenis SLT

### What should I expect during Lumenis SLT Therapy?

Before the laser treatment, a health care worker will place eye drops in your eyes. During the laser therapy, you will be looking through a lens, similar to when you are having an eye exam. Your eye doctor will apply the laser through the lens and you will hear a series of clicks. The process typically takes a few moments and the majority of patients describe it as painless.<sup>2,4</sup>

### What should I expect after Lumenis SLT Therapy?

The most common side effect of Lumenis SLT is mild eye irritation. Your eye doctor may prescribe eye drops to treat the mild irritation for a short-time after the procedure. For many patients, the mild irritation goes away on its own in a day or two.<sup>2,4,7</sup>

### Can I stop taking my glaucoma medication after I have SLT?

You will need to schedule a follow-up appointment with your eye doctor to determine how effective Lumenis SLT was in lowering your eye pressure. Your eye doctor may have you continue taking your current eye drop medication or may prescribe a new medication. Only your eye doctor can determine if and when you can stop taking your medication.<sup>2,8</sup>

### Can I have SLT therapy more than once?

Unlike other laser therapies for the treatment of glaucoma, Lumenis SLT is repeatable. Your eye doctor may perform a series of treatments over a period of weeks or months to reduce your eye pressure. If your eye pressure should 'drift' or increase over the years, Lumenis SLT may be repeated to reduce your eye pressure again.<sup>7</sup>

## Do you ever forget to take your glaucoma medication?

### You are not alone

**More than 90%** of glaucoma patients do not take their prescription eye drop medication regularly<sup>9</sup>

Forgetting to take your medication can cause large changes in eye pressure that can increase your risk for vision loss.<sup>2,5</sup>

**SLT** may reduce the long-term hassle, discomfort, and risks that come with forgetting to take your eye drop medication.<sup>2,5,8</sup>

### Are you looking for glaucoma therapy with long-term control?

**Lumenis SLT provides the same eye pressure control as the #1 prescribed glaucoma eye drop medication**<sup>10</sup>

**SLT** is clinically proven to provide long-term control of eye pressure and may reduce or eliminate your need to take eye drop medication.<sup>8,10</sup>

**SLT** does not cause long-term redness or irritation of the eye that is often associated with commonly prescribed eye drop medication.<sup>2,11</sup>

## Are you spending too much on glaucoma medication?

### Lumenis SLT is a cost-effective glaucoma therapy<sup>8</sup>

If you are taking 1 to 3 types of eye drop medication every day, you may spend between \$750 to \$1100 a year on your glaucoma medication.<sup>12</sup>

One year after SLT, more than 87% of patients reduced their eye drop medication use by at least one eye drop medication per day.<sup>8</sup>

Lumenis SLT is typically covered by Medicare when medically necessary.

**SLT** may reduce or eliminate your need to take eye drop medication for glaucoma.<sup>8</sup> And, this means that you could reduce the amount of money that you spend on your eye drop medication.



## Ask your eye doctor if Lumenis SLT is right for you

### Why should I ask my eye doctor about Lumenis SLT?

- SLT has been FDA cleared for more than 7 years to lower eye pressure
- Lumenis SLT is clinically proven to provide long-term control of eye pressure<sup>10,13</sup>
- SLT reduces and controls eye pressure by causing a natural response that improves the outflow of fluid from the eye<sup>7</sup>
- SLT typically takes a few moments and the majority of patients describe it as painless<sup>2</sup>
- Lumenis SLT does not cause long-term side effects associated with eye drop medication, such as inflammation and redness of the eyes<sup>10,11</sup>
- SLT may reduce or eliminate your need to take eye drop medication<sup>8</sup>
- **Lumenis SLT is typically covered by Medicare**

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